

Indoor Pool Rules

- No Running, Diving or Jumping from the deck
- No Food or Beverages including chewing gum
- No shoes allowed on deck
- No cutoff shorts or tee shirts in the water
- No flotation Devices Allowed. U.S.C.G. PFD May be allowed if proper conditions exist.
- Children age 10 and under must be accompanied by an adult 18 or older in the water at all times. One adult for every four underage children.
- No horseplay including throwing objects or sitting on shoulders.
- No masks, fins or snorkels.
- No hanging or sitting on the lane line.
- No children playing or left unattended on or around the steps. THE STEPS ARE FOR ENTERING AND EXITING ONLY.
- No hanging on or playing with the fill spout which is located under the diving board.

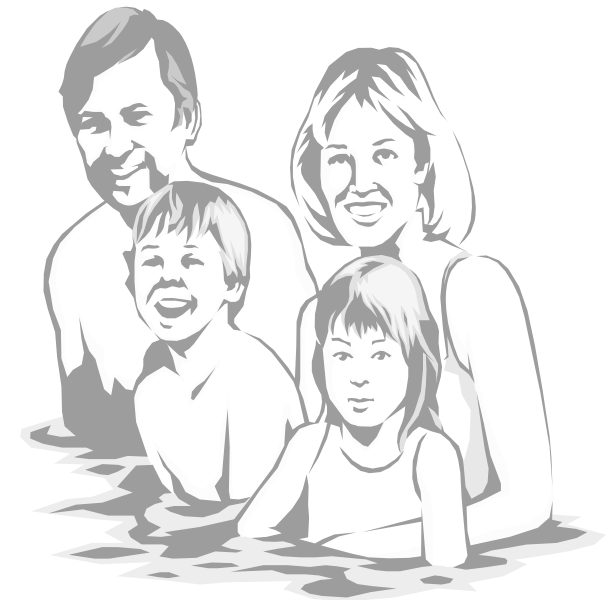
* The lifeguard is on duty to prevent accidents and provide for your safety. Please respect their judgment in enforcing rules and regulations. Anyone violating these rules will be asked to leave the pool area.

- Swimmers, who have any serious or potentially serious medical conditions, please notify the lifeguard
- Groups of 10 or more must preschedule a pool party with management in advance

Winchester Parks and Recreation
1001 East Cork St.
Winchester, VA 22601



1001 EAST CORK ST.
WINCHESTER, VA 22601



RECREATION COMPLEX

(540) 667-2699

www.winchesterva.gov/parks

PLACE
STAMP
HERE

Indoor Pool

Lap Swim:

M,W,F 6:30 AM – 9:00 AM

M,W,F 5:30 PM – 6:30 PM

*Must be 18 years old

General Public Swim

M,T,W,TH,F 12:00 PM – 2:00 PM

T,TH 5:30 PM – 7:00 PM

Sat. 11:00 AM – 5:30 PM

Sun 1:00 PM – 5:30 PM

Therapeutic Swim

September – June

T,TH 11:00 AM – 12:00 PM

June – September

T,TH 2:00 PM – 3:00 PM

Senior Swim

T,TH 2:00 PM – 3:00 PM

*Must be age 55 or older

Indoor Pool Drop In Fees

Residents/Non Residents

Adult \$3.00/\$3.50

Student \$2.50/\$3.00

Children under 6 \$2.00/\$2.50

Seniors 55 and up \$2.00/\$2.50

Punch Passes

<u>Pool</u>	<u>10 Punch</u>	<u>20 Punch</u>
Student (3-5)	\$18/\$22	\$36/\$44
Student (6+)	\$22/\$27	\$44/\$51
Adult	\$27/\$31	\$54/\$62
Senior	\$18/\$22	\$36/\$44

Monthly Passes

Adult: \$36/\$42

Senior: \$24/\$30

Student: \$30/\$36

Fitness Room

General Public

M-F 6:30 AM – 9:00 PM

Sat. 11:00 AM – 6:00 PM

Sun. 12:00 PM – 6:00 PM

Fitness Room Drop In Fee:

Residents/Non Residents

Adult \$2.50/\$3.00

Seniors \$2.00/\$2.50

Student: \$2.00/\$2.50

Fitness Room Rules

- No one under the age of 14 permitted in the fitness room.
- Patrons must wear shirts and proper work out clothing including sweats, shorts, t-shirts, leotards, ect. NO STREET CLOTHES WITH BELT BUCKLES, BUTTONS OR ZIPPERS ARE PERMITTED.
- Proper shoes are required including tennis or rubber soled shoes. NO HARD SOLED SHOES, SANDALS, OR FLIPFLOPS ARE PERMITTED IN THE FITNESS ROOM.
- No dropping or slamming the weights. These are considered an unsafe lift and are not permitted in the fitness room.
- No food or drink allowed in the fitness room.
- No spectators are allowed in the fitness room.
- No bags including backpacks, duffel bags, gym bags are permitted in the fitness room.

Monthly Passes

Fitness Room

Adult: \$36/\$42

Senior: \$24/\$30

Student: \$24/\$30

Combination Pass

Adult: \$54/\$63

Senior: \$36/\$45

Student: \$45/\$54

*Passes begin on the 1st of every month and expire on the last day of the month

Racquetball /Wallyball Court

General Public

M-F 7:00 AM – 8:00 PM

Sat. 11:00 AM – 5:00 PM

Sun. 1200 PM – 5:00 PM

Racquetball Court Fee Per

Hour

*Prime Time 4:00PM-8:00PM

\$9.00/\$8.00

Adult Fee: \$7.50/\$8.00

Student Fee: \$7.00/\$7.50

Senior Fee: \$6.50/\$7.00

Equipment Rental: \$1.00/\$2.00

Wallyball Court Fee Per

Person Per Hour

\$1.00/\$2.00

* Proper eye protection must be worn at all times

*Court Reservations may be made up to 3 days in advance by calling (540) 667-2699 or in person.

Punch Passes

<u>Fitness</u>	<u>10 Punch</u>	<u>20 Punch</u>
Adult	\$22.50/\$27	\$45/\$54
Senior	\$18/\$22.50	\$36/\$45
Student	\$18/\$22.50	\$36/\$45

<u>Racquetball</u>	<u>10 Punch</u>
Adult	\$67.50/\$72
Student	\$63/\$67.50
Senior	\$58.50/\$63

*Punch Passes are good for one year

Rent the Pool

Saturdays only 7:00 PM – 9:00 PM

Price \$180.00/\$200.00 (Pool and Room)